

Quick Resource Guide for Senior Services In MISSAUKEE and WEXFORD Counties



A Collaborative Project of SNAG, MCCOA and WCCOA



Missaukee County
Commission on Aging
MCCOA
231-839-7839
1980 S. Morey Rd, Lake City, MI 49651
www.missaukeecoa.org



WCCOA
231-775-0133
714 W. 13th St., Cadillac, MI 49601
www.wexfordcoa.org

MISSAUKEE COUNTY • WEXFORD COUNTY

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ASSISTANCE AGENCIES

Area Agency on Aging: (800) 442-1713, (231) 947-8920. Hours: M - F, 8 am - 4:30 pm. 1609 Park Dr., Traverse City, MI 49696

Services: Case management: 60 years and older • Helps you live at home (rather than in a nursing facility) if you are 60 years or older and have extensive long term care needs • MI Choice Waiver Program: Offers you a choice to live in a community setting if you are 18 years and older, require nursing home level care and are eligible to have Medicaid pay for your long term care services. • Information and Assistance • Options Counseling. AAA contracts with many of your local community agencies to provide you services and support.

Catholic Human Services: (800) 658-8554. 1000 Hastings, Traverse City, MI 49686

Services: Counseling Services include: Drug and Alcohol • Family Counseling • Foster Care Support • Senior Companions • Foster Grandparents Program.

Cadillac: Foster Grandparents Program • Senior Companion • Family Counseling, Drug & Alcohol (231) 775-6581. 421 S. Mitchell St., Cadillac, MI 49601, and E-mail: chscadillac@catholichumanservices.org.

Friends Ministry: (231) 839-8816. Hours: M – F, 10 am - 5 pm., Sat, 10 am – 2 pm. 3728 S. Morey Rd., Lake City, MI 49651

Services: Budget and relationship mentoring • Basic home repairs • Car repair/car needs • Home heating • Emergency housing • Fuel for medical or job related • Prescription help. Friends Farm, Thrift Store, Food Pantry. Serves Missaukee County with limited services for Wexford County.

Love Inc: (231) 779-1888, (877) 633-0556. Hours: M - F, Hours: 9:30 am – 3:30 pm. A clearing house for area agencies and churches. Takes applications for assistance per telephone interview. Applicants will need to provide Social Security numbers for entire family and total household income. **Serves Wexford and Osceola Counties.**

Services: Durable Medical Equipment • Easter Baskets • Firewood • Furniture • Personal Care and Cleaning Supplies • Socks and Underwear • Air Conditioners • Bibles • Bikes and Helmets • Children's Shoes • School Clothes • Foster Care Bags • Hats, Scarves, Mittens • Helping Hands (personal care) • Boots & Snow Pants • Linens • School Supplies and Children's Books • Wheelchair Ramps and Tutoring.

Northwest Michigan Community Action Agency (NMCAA): (231) 775-9781. Hours: M - F. 8 am - 4 pm, 1640 Marty Paul, Cadillac, MI 49601

Services: Head Start • Heating Assistance • Home Improvement • Home Repair Loans • Low Income Weatherization • Foreclosure Counseling • Homeless Prevention • Veterans Support Services • Bankruptcy Counseling • Early Childhood • **Commodities & Meals on Wheels:** 60 years old or older • Photo Id • Proof of income (SS Statement or bank statements).

Department of Health & Human Services (DHHS): (231) 779-4500. Hours: M – F, 8 am – 5 pm. 10641 W. Watergate, P.O. Box 309, Cadillac, MI 49601. Offers a variety of assistance, call for an appointment.

Adult Protective Services: 1 (855) 444-3911
Medicaid Transportation: (231) 779-4563

ASSISTANCE AGENCIES

Northern Health Care Management: (800) 640-7478 (231) 933-4917. 105 Hall Street, Suite D, Traverse City, MI 49684

Services: MI Choice Waiver Program—For those 18 years or older, require nursing home level of care and are eligible for Medicaid. Assists with supportive services in the community setting, Person Centered Planning service options to meet care needs. Caregiver Respite—Supportive services to provide short term relief for a primary caregiver. Senior Reach—Counseling short term for mild to moderate mental health needs and Case Management short term to assist in obtaining community resources.

Note: Most doctors' offices have complex case management available for patients.

COUNCIL/COMMISSION ON AGING (COA)

Benzie Senior Resources: (231) 525-0600: Hours: M - F, 8 am - 4 pm. 10542 Main St., Honor, MI 49640 <http://benzieseniorresources.org>

Clare County Senior Services: (989) 539-8870: Hours: M - F, 8 am - 4:30 pm, closed daily 12 - 1 pm. 225 W. Main, Harrison, MI 48625. <https://clarecoseniors-coa.net>

Grand Traverse Commission on Aging: (231) 922-4688: Hours: M - F, 8 am - 4:30 pm. 520 W Front St. # B, Traverse City, MI 49684. www.gtcoa.org

Lake County Council on Aging: (231) 745-7201. Hours: M - F, 9 am - 4 pm. 690 9th St., P.O. Box 40, Baldwin, MI 49304

Manistee Council on Aging: (231) 723-6461. Hours: M - F, 8 am - 4:30 pm. 457 River St., Manistee, MI 49660. www.manisteecountycoa.com

Missaukee Commission on Aging: (231) 839-7839. Hours: M - F, 8 am - 4:30 pm. 1980 S. Morey Rd., Lake City, MI 49651. missaukeecoa.org

Services: Homemaking • Personal Care • Respite • Home Chore • Foot Care • Medication Setup • MMAP • Transportation • Senior Sidekick • Information Assistance • Project Fresh • Snow Removal

Osceola Council on Aging: (231) 734-5559. Hours: M - F, 7 am - 5:30 pm. 732 W 7th St., Evart, MI 49631

Roscommon County Commission on Aging: (989) 366-0205. Hours: M - F, 9 am - 3 pm. 2625 Lincoln Hwy., Houghton Lake, MI 48629

Wexford County Council on Aging: (231) 775-0133. Hours: M - F, 8 am - 4 pm. 714 W. 13th St., Cadillac, MI 49601. wexfordcoa.org facebook.com/WexfordCOA

Services: Homemaking • Personal Care • Respite • Daybreak Adult Center • Foot Care • MMAP • Private Nurses/Medication Management • Project Fresh • Snow Removal • Information Assistance

ADULT DAY CENTERS

DayBreak: (231) 779- 5274. Hours: M - F, 8 am - 4 pm. 315 Whaley St., Cadillac, MI 49601. Day center for elderly. Call WCCOA at (231) 775-0133 for eligibility.

Footprints in Time: (231) 429-9789. Hours: T, Th, F, 9 am – 3 pm. St John’s Lutheran Church, 3815 S. Morey Rd., Lake City, MI 49651

DENTAL ASSISTANCE

(For people who have little or no insurance, most based on income)

Baldwin Dental Clinic: (231) 745-2736. Hours: M - Th, 8 am – 6:30 pm. Friday: Only office is open. 1615 Michigan Ave., Baldwin, MI 49304

Dental Clinic North: Registration: (877) 321-7070, (231) 932- 7316 or (866) 878-6557. Hours: M - F, 8 am. – 4:30 pm. 2600 LaFrainer Rd., Suite B, Traverse City, MI 49686

Great Lakes Dental: (231) 876-6505. M - Th. 8 am - 6:30 pm, Friday 8 am-5 pm
520 Cobb St., Cadillac, MI 49601

Michigan Community Dental Clinic (MCDC): Call to register: (877) 313-6232:

Phone: (231) 775-7662: Fax: (231) 775-7704 521 Cobb St. Suite A, Cadillac, MI 49601

Big Rapids: Phone: (231) 796-3617 Fax: (231) 796-3657. 14435 Northland Dr.,
Big Rapids, MI 49307

Manistee: Phone: (231) 398-9305 Fax: (231) 398-9304. 220 North Glocheski Drive,
Manistee, MI 49660

Michigan Donated Dental Services: Must be 65+ or disabled, medically compromised and have income below 200% of the federal property level, uninsured, in need of extensive dental care. To apply visit: www.smilemichigan.com/DDS or call (517) 346-9454.

FOOD PANTRIES & ASSISTANCE

Cooperative Ministries: (231) 839-4485. 6180 W. Sanborn Rd., Lake City, MI 49651

Covenant Life Church: (231) 839-2244. 7700 West Blue Rd., Lake City, MI 49651

Feeding America Food Truck: (231) 876-3012. 1st and 3rd Thursday of each month at 2 pm: 908 6th St., Cadillac, MI 49601. Bring your own tote that will hold 50 lbs of food. No requirements. First 200 people are given the food.

Friends Ministry: (231) 839-8816. Hours: M – F, 10 am - 5 pm., Sat, 10 am – 2 pm. 3728 S. Morey Rd., Lake City, MI 49651

Gleaners: (231) 839-7554. 2nd Wednesday of each month at 10:00 am. 3728 S. Morey Rd., Lake City, MI 49651

Jennings Community Church: (231) 775-5989. 1st and 3rd Tuesday of each month. 1 pm – 3 pm. 696 S. LaChance Rd., Lake City, MI 49651

FOOD PANTRIES & ASSISTANCE

Kings Storehouse Food Pantry: (231) 775-5629. Monday, Wednesday and Friday, 10 am to 11 am. Need Picture ID and fill out assessment form to be completed on site. Can utilize the pantry up to 5 times a year. First Baptist Church. 125 Stimson St., Cadillac MI 49601

Lifehouse Assembly of God: (231) 775-7858: 2nd and 4th Mondays, 3:30 pm - 5 pm. 1120 W. Division, Cadillac, MI 49601

Living Word Ministries: (231) 824-9130. 9 am – noon, Mondays. 800 South Michigan, Manton, MI 49663

Love Inc: (231) 779-1888. Personal care, cleaning and paper products. Telephone interview is conducted. Will need to give the Social Security # for all family members and total household income.

Meals on Wheels: (800) 632-7334, (231) 775-9781. Must be 60 years & older, homebound, use a walker or cane. Meals delivered M - F in Cadillac area. The out of Cadillac area deliveries are weekly and are frozen. Suggested donation is \$3.00 per meal.

Northwest Michigan Community Action Agency (NMCAA): Commodities: (231) 775-8330. 1640 Marty Paul, Cadillac, MI 49601 • 60 years old or older. Photo Id • Proof of income (SS Statement or bank statements)

Monthly Commodities: (NMCAA)

Moose Lodge: (800) 443-2297. 1st Monday of each month. 9 am - Noon. 7461 E. 34 Rd., Cadillac, MI 49601. Fill out form, and then go to NMCAA warehouse to pick up food.

Mesick Free Methodist Church: (800) 443-2297. 2nd Monday of each month. 9 am - 10 am. 200 S. Walter St., Mesick, MI 49668. Fill out form. Bring proof of ID and proof on household income.

Northwest Michigan Community Action Agency (NMCAA): Commodities: (231) 775-8330. 1640 Marty Paul, Cadillac, MI 49601 • 60 years old or older. Photo Id • Proof of income (SS Statement or bank statements)

Quarterly Commodities: (NMCAA):

Moose Lodge: (800) 443-2297. 4th Tuesday of each month, 9 am - 1 pm. 7461 E. 34 Rd., Cadillac, MI 49601. Bring your own box. For low income of all ages, NO ID required. NO proof of income requirements. Fill out form.

Mesick Free Methodist Church: (800) 443-2297. 4th Monday, 1:30 pm - 3:30 pm. 220 South Walter St., Mesick MI 49668. Fill out form. Bring proof of ID and proof of household income.

Cadillac Revival Center Food Pantry: (231) 775-2662: Wednesday, 10 am and 3rd Monday night, 6 pm 948 Plett Rd., Cadillac, MI 49601

Salvation Army: (231) 775-7131: Hours: M - F, 1 pm - 3 pm. 725 Wright St., Cadillac, MI 49601

FOOD PANTRIES & ASSISTANCE: COMMUNITY MEALS

Shepherd's Table: (231) 775-6741. Meals are on Tuesday and Thursday at 4 pm – 6 pm. First Baptist Church, (Chapin St Entrance). 125 Stimson, Cadillac, MI 49601. Free Delivery of meals for homebound individuals.

Also see: Senior Centers for Lunches.

FOOT CARE

Missaukee County Commission on Aging: (231) 839-7839. M - F, 8 am - 4:30 pm. Contact Teri. Provided on an as-needed basis. Client provides their own towel and basin, by appointment only. \$20.00 in-office appt or \$25.00 in-home appt.

Wexford County Council on Aging: (231) 775-0133. Hours: M - F, 8 am – 4 pm. Contact Erin or Kitty. Clients need to bring their own towel and pan to soak their feet. Cost \$20.00 by appointment only. In- Home foot care is \$30.00.

Clinics:

Cadillac: 2nd Wednesday @ Senior Center. (231) 775-0133 for appointment.

Manton: 2nd Monday @ Senior Center. (231) 775-0133 for appointment.

Mesick: 3rd Tuesday @ Senior Center. (231) 775-0133 for appointment.

HEALTHCARE CLINICS and AGENCIES

Note: Most doctors' offices have complex case management available for patients

Cadillac After Hours Clinic: (231) 775-8814. Hours: M – F, 10 am – 8 pm, Sat – Sun, 10 am – 6 pm., 440 Cobb St., Cadillac, MI 49601. No appointment needed.

Cadillac VA Community Based Outpatient Clinic: (800) 406-5143, ext 11410 for local clinic. Local phone: (231) 775-4401. Hours: M – F, 8 am – 4 pm. 1909 N Mitchell St., Cadillac, MI 49601

Crystal Lake Manton Health Clinic: (231) 824-4100. Hours: M - Th, 8 am - 5 pm, F: 8 am – noon. 115 E. 7th St., Manton, MI 49663. Accepts Medicare and Medicaid.

District Health Department #10:

Missaukee County: (231) 839-7167. Hours: M – F. 8 am – 4:30 pm. 6180 West Sanborn Road, Suite #1, Lake City, MI 49651. Call for an appointment.

Wexford County: (231) 775-9942. Hours: M – F. 8 am – 4:30 pm. 521 Cobb St., Cadillac, MI 49601. Call for an appointment.

Medicare/Medicaid Assistance Program: MMAP, Inc. is a free health-benefit counseling service. MMAP counselors are specialists trained in Medicare and Medicaid law and regulations, health insurance counseling and relevant insurance products. For an appointment call: (800) 803-7174

Missaukee County Commission on Aging: (231) 839-7839

Wexford County Council on Aging: (231) 775-0133

HEALTHCARE CLINICS and AGENCIES

Munson Physicians Healthlink Line: (800) 533-5520. Help with finding a specialist/physician. HealthLink is your connection to nine hospitals and more than 950 health care providers in northern Michigan, including physicians and advanced practice professionals in more than 50 specialties. We can help you find health care providers who are accepting new patients, participate with your insurance carrier, and offer services close to where you live. Our free, confidential assistance includes information about a provider's education, special interests, hospital affiliation, practice location, and average wait times.

Northern Lakes Community Mental Health: (231) 775-3463. Hours: 9 am – 5 pm. 527 Cobb St., Cadillac, MI 49601

Senior Reach: (844) 933-4930. Support for the well-being, independence and dignity of older adults through community educations, mental health services, and connection to community resources.

Stehouwer Free Clinic: Call (231) 876-6150 for eligibility and appointment. Qualified health clinic patients will meet the following eligibility requirements: Income • No health care coverage • Reside in service area. Documents needed to prove eligibility include: Previous year tax return • One (1) month of paycheck stubs • Driver's License or State Identification Card.

Free Clinic is at: (231) 876-6150. Hours: M - Th. 9 am - 4:30 pm (closed for lunch 12 - 1). 201 N. Mitchell St., Suite L-1, Cadillac, MI 49601

Medication Access: (231) 876-6151. For free prescription medication, qualified recipients will meet the following eligibility requirements: No prescription medication coverage • Meet specific pharmaceutical company guidelines • Reside in service area • Have a primary care provider. To determine eligibility and to make an appointment call (231) 876-6151

HEARING AIDS

Lions Club Cadillac: Call Love Inc for application (231) 779-1888

Michigan Rehab: (231) 779-1467. 10641 W. Watergate Road, Cadillac, MI 49601
Michigan Rehabilitation Services (MRS) partners with individuals and employers to achieve *quality employment outcomes* and independence for individuals with disabilities. They may help with the cost of hearing aids. Usually needs to be referred by audiological service.

Signing for the Deaf: (231) 932-2418. Lee Ann Baunuler

Wexford County Veterans Services: (231) 775-6654. Hours: M – Th, 9 a.m.-5 p.m., closed 12:00 p.m. - 1:00 p.m. for lunch. 401 N. Lake Street, Cadillac, MI 49601

HOME HEALTH CARE AGENCIES

Home Helpers & Direct Link: (231) 468-3337. 8834 E. 34 Rd., Suite 201, Cadillac, MI 49601.
Lucas Dent

Comfort Keepers: (231) 929-9044. (866) 929-9044. 1107 E. Eighth St., Traverse City, MI 49686

HOME HEALTH CARE AGENCIES

Compassionate Care: (888) 601-5491. (231) 929-5491. 3134 Logan Valley Road, Traverse City, MI 49684

Intelicare: (231) 421-5285. 1844 Oak Hollow Dr., Suite A, Traverse City, MI 49686

Munson Private Duty Home Care: (800) 252-2065. 618 S. Mitchell St. Suite A, Cadillac, MI 49601

Leelin Home Care: (231) 775-8710. 201 N. Mitchell St # 203, Cadillac, MI 49601

Munson Home Care: (800) 252-2065. 618 S. Mitchell St. Suite A, Cadillac, MI 49601

HOSPICE

Heartland Hospice: (877) 329-1001. 4020 Copper View, #113, Traverse City, MI 49684

Hospice of Michigan: (888) 247-5701. 932 N. Mitchell St., Cadillac, MI 49601.

Services: Hospice in Homes • Hospice in Facilities • Anchors Pediatric Programs • Grief Support • Veteran Care • Palliative Care

Munson Hospice: (800) 252-2065. 618 S. Mitchell St. Suite A, Cadillac, MI 49601

- Hospice Services wherever you call home with scheduled support groups, grief workshops and activities available.

HOUSING

MSDA Complaints: Need at least half of the complex to send letters with the concerns before they will investigate. Send letters to: P.O. Box 30044, Lansing, MI 48912

Phone: (517) 373-8370

NMCAA: Housing issues: (231) 775-9781, M – F, 7:30 am - 4:30 pm. 1640 Marty Paul St., Cadillac, MI 49601: Homeless Prevention (844) 900-0500: Foreclosure: (231) 775-9781:

Homeownership (231) 947-3780 or (800) 632-7334

Supportive Services for Veteran Families (844) 900-0500

ASSISTED LIVING

Belle Oakes: (231) 779-4671. 2353 S. LaChance Rd., Lake City, MI 49651

Curry House: (231) 577-9575. 5858 S. 47 Mile Rd., Cadillac, MI 49601

Green Acres: (231) 775-5300. 235 Pearl St., Cadillac, MI 49601

Pleasant Lake Lodge Assisted Living: (231) 775-0522. 2085 33 1/2 Road, Cadillac, MI 49601

Sunnyside Senior Living: (231) 775-7750. 108 Wildwood Drive, Cadillac, MI 49601

The Brook: (989) 422-7200. 8815 Knapp Rd., Houghton Lake, MI 48629

HOUSING Based on Income: MISSAUKEE COUNTY

Country View Apartments: (231) 825-8231. 225 Pine St., McBain, MI, 49657

West Creek Terrace Apartments: (231) 825-2652. 100 E. Elm St., McBain, MI 49657

Lake City Apartments: (231) 825-2562. 801 King St., Lake City, MI 49651

HOUSING Based on Income: WEXFORD COUNTY

Cadillac Shores: (231) 775-8509. 600 Cadillac Shores Dr., Cadillac, MI 49601

Cornerstone Apartments: (231) 775-9491. 1458 Leeson Ct., Cadillac, MI 49601

Harbor View Apartments: (231) 775-0831. 329 South St., Cadillac, MI 49601

Kirtland Terrance: (231) 775-9491. 111 S. Simons St., Cadillac, MI 49601

Maple Hill Apartments: (231) 779-2992. 209 Pearl St., Cadillac, MI 49601

Mayberry Apartments: (231) 775-4750. 1049 Arthur Street, Cadillac, MI 49601

Northern Park: (231) 779-2992. 209 Pearl St., Cadillac, MI 49601

White Pine Village: (231) 775-5599. 204 White Pine Village Dr., Cadillac, MI 49601

HOUSING: General

Northland Meadows Apartments: (231) 876-9830. 100 Matthew Dr., Cadillac, MI 49601

Pheasant Ridge Estates (mobile homes): (231) 775-7210. 399 Thistlewood Dr., Cadillac, MI 49601

Sunnyside Estates Apartments: (231) 577-4206. 600 Estate Dr., Cadillac, MI 49601

HOUSING: Nursing Homes

Autumnwood of McBain: (231) 825-2990. 220 Hughston St., McBain MI 49657

King Nursing & Rehabilitation: (989) 422-7200. 2280 Tower Hill Rd., Houghton Lake, MI 48629

Samaritas: (231) 775-0101. 460 Pearl St., Cadillac MI 49601

Long Term Care Ombudsman: (231) 947-2504, (866) 485-9393. Joni Honeman

HOUSING: Shelters

Oasis: Women's Shelter: Hotline (800) 775-4646, (231) 775-7233. 118 S Mitchell St., Cadillac, MI 49601.

Services: Counseling • Legal Advocacy • Parenting • Education • Transitional and Permanent Support Housing • Education and Prevention • Support Groups

New Hope Shelter: (231) 468-2022. 4874 Meyer Ave., Cadillac, MI 49601. There are one men's, one women's and three family shelters in the Cadillac area.

SENIOR HOUSING COMPLEXES

Cadillac Housing Commission: (231) 775-9491. 111 Simons St., Cadillac, MI 49601. Facilitates Kirtland Terrance and Cornerstone Apts.

Country View Apartments: (231) 825-8231. 225 Pine St., McBain, MI, 49657

Harbor View Apartments (Seniors and Disabled): (231) 775-0831. 329 South St., Cadillac, MI 49601

Kirtland Terrance: (231) 775-9491. 111 S. Simons St., Cadillac, MI 49601

ADULT FOSTER CARE

From the State of Michigan website http://www.dleg.state.mi.us/brs_afc/sr_afc.asp

PH: Physically Handicapped; DD: Development Disabled; MI: Mentally Ill; AG: Aged; Alz: Alzheimer's

License	Facility Name	City	County	Phone Nbr	Zip
AS570377771	APPLE WOOD II (PH, DD, AG)	LAKE CITY	MISSAUKEE	(231)429-0664	49651
AS570366054	LIBERTY VILLAGE (PH, DD, MI, AG)	LAKE CITY	MISSAUKEE	(231)839-0074	49651
AL570082239	MAGNOLIA AFC (PH, DD, MI, AG)	MANTON	MISSAUKEE	(231)839-4585	49663
AS570293674	MAGNOLIA AFC EAST INC (PH, DD, MI, AG)	MANTON	MISSAUKEE	(231)839-4585	49663
AS570340197	MAPLE RIDGE LIVING CENTER - EAST (PH, AG)	LAKE CITY	MISSAUKEE	(231)839-1011	49651
AM570363712	MORNING GLORY ADULT FOSTER CARE LLC(DD, MI, AG)	LAKE CITY	MISSAUKEE	(231)839-1131	49651
AF570089058	RANDALL AFC (DD, AG)	LAKE CITY	MISSAUKEE	(231)839-7981	49651
AF570312205	SEASONS OF LIFE AFC (DD, MI, AG)	LAKE CITY	MISSAUKEE	(231)229-4416	49651
AS570377413	SENTIMENTAL JOURNEY ASSISTED LIVING, LLC (AG)	LAKE CITY	MISSAUKEE	(231)839-4021	49651
AF570359520	SHUR CARE AFC (PH, DD, MI, AG)	LAKE CITY	MISSAUKEE	(231)878-2564	49651

ADULT FOSTER CARE

From the State of Michigan website http://www.dleg.state.mi.us/brs_afc/sr_afc.asp

PH: Physically Handicapped; DD: Development Disabled; MI: Mentally Ill; AG: Aged; Alz: Alzheimer's

License	Facility Name	City	County	Phone Nbr	Zip
AF830064916	BALDWIN'S AFC HOME (DD, AG)	CADILLAC	WEXFORD	(231)775-6356	49601
AF830385277	BEAM OF HOPE, LLC (PH, DD, AG)	CADILLAC	WEXFORD	(231)920-2096	49601
AF830016214	COUNTRY OAKS (AG)	CADILLAC	WEXFORD	(231)775-6687	49601
AL830337616	CURRY HOUSE (AG)	CADILLAC	WEXFORD	(231)876-0611	49601
AM830281261	GREEN ACRES OF CADILLAC II (PH, AG, Alz)	CADILLAC	WEXFORD	(231)775-5300	49601
AL830244420	GREEN ACRES RETIREMENT LIVING (AG)	CADILLAC	WEXFORD	(231)775-5300	49601
AS830380272	OHANA AFC (PH, AG)	MANTON	WEXFORD	(231)920-1621	49663
AL830309090	PLEASANT LAKE LODGE NORTH (MI, AG)	CADILLAC	WEXFORD	(231)775-7366	49601
AL830300832	PLEASANT LAKE LODGE SOUTH (MI, AG)	CADILLAC	WEXFORD	(231)775-0522	49601

License	Facility Name	City	County	Phone Nbr	Zip
AF830016186	PLEASANT PINES FAMILY HOME (DD, AG)	CADILLAC	WEXFORD	(231)775-8977	49601
AM830092406	POINTE EAST (DD, MI, AG)	CADILLAC	WEXFORD	(231)876-0847	49601
AS830316692	REAL CARE ADULT FOSTER CARE L.L.C. (PH, DD, AG)	CADILLAC	WEXFORD	(231)468-2823	49601
AL830272541	SERENITY ADULT FOSTER CARE (Ph, DD, MI, AG, Alz)	CADILLAC	WEXFORD	(231)876-1956	49601
AF830380896	SIMPLY HOME (AG)	CADILLAC	WEXFORD	(231)631-6567	49601
AL830309607	SUNNYSIDE SENIOR LIVING (AG)	CADILLAC	WEXFORD	(231)775-7750	49601
AF830279137	SUNSHINE HOME (AG)	MANTON	WEXFORD	(231)620-8921	49663
AS830365679	TLK ADULT FOSTER CARE (PH, DD, MI, AG)	MANTON	WEXFORD	(231)824-6032	49663
AM830068870	WRIGHT'S AFC HOME (PH, DD, MI, AG)	MANTON	WEXFORD	(231)824-6032	49663
License	Facility Name	City	County	Phone Nbr	Zip
AS720016066	DANES FOREST (PH, DD, AG)	HOUGHTON LAKE	ROSCOMMON	(989)202-2517	48629
AF720361039	GOODENS LAKEVIEW AFC (DD, MI, AG)	PRUDENVILLE	ROSCOMMON	(989)366-5983	48651
AL720007408	MAPLEVIEW AFC HOME (Dd, MI, AG)	HOUGHTON LAKE	ROSCOMMON	(989)387-2568	48629
AL720283253	THE HORIZON SENIOR LIVING (AG)	ST. HELEN	ROSCOMMON	(989)389-4900	48656

LAW and ORDER

MISSAUKEE COUNTY:

Central Dispatch: Non emergency: (231) 839-4338 ext 1

Prosecutor: (231) 839-3111

Michigan State Police: Cadillac Post: (231) 779-6040

Michigan State Police: Houghton Lake Post: (989) 422-5103

WEXFORD COUNTY:

Central Dispatch: Non emergency: (231) 779-9211 (Wexford County Sheriff)

Cadillac City Police: (231) 775-3491

Nuisance Calls: (888) 382-1222

LEGAL ASSISTANCE

Jordon Balkema Elder Law: (800) 395-4347. 117 N. Mitchell St., Suite 3, Cadillac, MI 49601

Legal Aid for Low-Income: Medicaid recipients, (231) 941-0771

Legal Hotline for Michigan Seniors: (800) 347-5297. 3815 St. Joseph, Suite C200, Lansing, MI 48917

Legal Services of Northern Michigan: (231) 941-0771 or (888) 941-9599. 221 Garland St. Suite H, Traverse City 49684

Long Term Care Ombudsman: (231) 947-2504, (866) 485-9393. Joni Honeman

McCurdy, Wotila & Porteous: (231) 775-1391, (800)-395-4347

Edward Van Alst: (231) 775-2500. 315 N. Mitchell St., Cadillac, MI 49601

LIFE ALERTS

Direct Link: (231) 468-3337. 8834 E 34 Rd., Suite 201, Cadillac, MI 49601. Lucas Dent

Guardian Medical Alert: (800) 782-9688

Munson Medical Alert: (800) 252-2065

Philips Lifeline Medical Alert: (855) 332-7799

VRI Medical Alert: (800) 860-4230

MEDICAL EQUIPMENT

Active Brace & Limb: (231) 775-3577. 7800 US 131 S., Suite B, Cadillac, MI 49601

Airway Oxygen: (231) 775-2443. 844 N. Mitchell, Cadillac, MI 49601

Care Linc: (231) 775-7143. 205 Bell Avenue, Cadillac, MI 49601

Lincare: (231) 775-3468. 8842 34 Rd., Cadillac, MI 49601

Love Inc: (231) 779-1888. Wheelchair Ramp assistance. May – Nov.

Munson Home Medical Equipment: (800) 252-2065. 610 S. Mitchell St., Cadillac, MI 49601

Teters Orthotics: (231) 779-8022. 8865 Professional Dr. #C, Cadillac, MI 49601

MEDICAL LOAN PANTRIES

Durable Medical Lending Pantry: St. Mary's Episcopal Church: (231) 884-9623. Hours: Monday and Thursday only, 12 - to 2 pm only. 815 Lincoln St., Cadillac, MI 49601

Lions Club of Mesick: Call (231) 885-2679 for appt.

American Legion: (231) 839-4675. 114 Main St., Lake City, MI. Loans medical equipment to anyone in need. Also has a garden/barter program (during season) open to anyone.

MEDICAL TRANSPORTATION

CWTA: Healthway Express: (231) 779-0123. Make sure they know it's a medical appointment and if chair lift etc., is needed. Now taking passengers to and from appointments in the Munson Hospital Traverse City complex, as well as some clinics located on Cedar Run Road. Schedule rides at least 24 hours in advance and no more than three weeks ahead. Rides are reserved on a first-come basis and are not available for agency bookings.

Lake to Lake Transportation: (231) 779-5373. 2353 S LaChance Rd., Lake City, MI 49651

Love Inc: (231) 779-1888

Missaukee County Commission on Aging: (231) 839-7839. 1980 S. Morey Rd., Lake City, MI 49651. Hours: Mon – Fri, 8 am - 4:30 pm. Must be 60 years or older, or under 60 with a permanent disability. Call for more information.

Munson Transportation: (800) 252-2065. 618 S. Mitchell St. Suite A, Cadillac, MI 49601

SENIOR CENTERS

Cadillac: (231) 779-9420: Drop-in and Office Hours: M – Th. 10 am - 2:30 pm.

<http://cadillacseniorcenter.wixsite.com/cadillac>. 601 Chestnut St., # 3, Cadillac, MI 49601.

Lunches: Served Mon., Wed., & Thurs. Cost is \$4.00. You must call the day before to reserve. Lunch served at noon. Activities offered Monday-Friday: 8:00 am -3:30 pm, plus some scheduled weekend activities. Call or check website for current activities and trips.

SENIOR CENTERS

Lake City: (231) 839-4351: Hours: Mon Closed. Tues 11 am - 3 pm, Wed 10 am - 2 pm, Thurs 10 am - 3 pm, Fri 10 am - 2 pm. 120 John St., Lake City, MI 49651. **Lunches:** Served Wed, Thurs, & Fri. Cost is \$3.00 donation, Potluck on Tuesdays.

Manton: (231) 824-6961: Hours: M - F. 9 am - 2:30 pm. 302 W. Main St., Manton, MI 49663
Lunches: Meals served at noon. Cost is \$3.00. Daily Activities.

Merritt Golden Agers: (231) 328-4447. 5833 Lotan Rd., Falmouth, MI 49663

Mesick Golden Agers: (231) 885-2957: 1st and 3rd Tues @ noon. United Methodist Church, 121 S. Alvin, Mesick, MI 49668. Contact: Jalene Croel, (231) 885-1604

SUPPORT GROUPS

Dementia Awareness Group: (231) 876-0611. 4th Tuesday, 3:30 pm. Curry House, 5858 South 47 Rd., Cadillac, MI 49601

Grief: (231) 796-7371. 2nd Wednesday, 1:00 pm. Hospice of Michigan, 932 N. Mitchell, Cadillac, MI 49601. Contact is Will Gasper.

Grief: (231) 775-5629. Every Thursday at 6:30 pm. First Baptist Church, 125 Stimson St., Cadillac, MI 49601

Low Vision: (231) 779-0149. 2nd Tuesday, 10 am to 11 am: Wexford County Council on Aging Board Room, 714 W. 13th St., Cadillac, MI 49601. Connie Payne

Munson Grief Support Group: (800) 252-2065. Every Monday, 10 am at Munson Hospice. 618 S. Mitchell St. Suite A, Cadillac, MI 49601

Munson Grief Social Group: (800) 252-2065. Every Tuesday, 9 am at Big Boy Restaurant. 1310 S. Mitchell St. Suite A, Cadillac, MI 49601

Parkinson's: (231) 779-9420. 1st Monday, 11:00 am: Cadillac Senior Center, 601 Chestnut #3, Cadillac, MI 49601

SUPPORT GROUPS

Third Level Crisis Center: (231) 922-4800 or (800)442-7315. 1022 East Front Street, Traverse City, MI 49686. For youth and families.

We Care Peer Support: (231) 876-2578. Every Tuesday at 9:00 am, Big Boy in Cadillac, Sponsored by Munson Home Health, Spiritual and Bereavement Dept.

TAX PREPARATION

AARP Tax Preparation during TAX Season only: Cadillac Senior Center, (231) 779-9420 601 Chestnut St., # 3, Cadillac, MI 49601. Free or by donation. February – April. AARP also has a location in Missaukee County during tax season call 1 (888)-687-2277 for more information.

NMCAA: (231) 775-9781, Hours. M - F. 8 am - 4 pm, 1640 Marty Paul, Cadillac, MI 49601: Provides free tax preparation for qualified taxpayers in Cadillac.

UTILITIES ASSISTANCE

Cooperative Ministries: (231) 839-4485. 6182 W. Sanborn Rd., Lake City, MI 49651

DHHS: (231) 779-4500. Wexford County/Missaukee County. 10641 W. Watergate Road, Cadillac, MI 49601

Friends Ministry: (231) 839-8816. 3728 S. Morey Rd., Lake City, MI 49651

Love Inc: (231) 779-1888

Michigan Public Utilities: Complaints. (800)-292-9555

Northwest Michigan Community Action Agency (NMCAA): (231) 775-9781, Hours: M - F. 8 am - 4 pm, 1640 Marty Paul, Cadillac, MI 49601:

Services: Head Start • **Heating Assistance** • Home Improvement • Home Repair Loans • **Low Income Weatherization** • Foreclosure Counseling • Homeless Prevention • Veterans Support Services • Bankruptcy Counseling • Early Childhood • Commodities & Meals on Wheels: 60 years old or older • Photo Id • Proof of income (SS Statement or bank statements)

Salvation Army: (231) 775-7131. 725 Wright St., Cadillac, MI 49601

True North: (231) 924-0641. 6308 S. Warner Avenue, P.O. Box 149, Fremont, MI 49412
<http://www.truenorthservices.org/Assistance/Heat-and-Energy>, Consumers Energy CARE 4.0, DTE Energy LSP. Requirements: Proof of income • photo id • completed application • Proof of all household income • Copy of Social Security card for applicant and list Social Security numbers for all household members • Copy of utility bill(s) (No bill required for propane, fuel oil, firewood, wood pellets, or coal unless you have a past due amount).

VETERAN'S SERVICES

American Legion: Phil Babcock. Tuesdays, 9 - 4:30 pm. 401 N. Lake St., Suite 603, Cadillac, MI 49601

Disabled Veterans Transportation: (231) 723-5845. DAV - Medical Only

Cadillac VA Community Based Outpatient Clinic: (800) 406-5143, ext 11410 for local clinic. Local phone: (231) 775-4401. Hours: M - F, 8 am - 4 pm. 1909 N Mitchell St., Cadillac, MI 49601

Northwest Michigan Community Action Agency (NMCAA):

Missaukee County: (231) 839-7264. Ray Moore. Hours: Tuesdays: 1 pm - 4 pm: Courthouse Annex Building, 105 Canal St., P.O. Box 800, Lake City, MI 49651.

Wexford County: Dave Ransom. Hours: M - T 9 am - 2 pm. Th, 2 - 4 pm: 1640 Marty Paul, Cadillac, MI 49601

Wexford County Veterans Service Officer: (231) 775-6654. Kent Myers. Hours: M - Th. 9 am - 5 pm. Services for Vets. Helps with filling out applications for benefits and other resources

VISION ASSISTANCE

Good Will Optical: (231) 932-1520. Hours: Tue – Sat., 9 am – 6 pm. Closed 1 pm – 2 pm for lunch. 2279 W South Airport Rd., Traverse City, MI 49684. Medicare and Medicaid are accepted for eye exams and glasses but other insurances are not accepted. Low cost exam and glasses.

Lions Club Cadillac: Call Love Inc for application (231) 779-1888

Low Vision/Blind Counseling: (800) 292-4200, (616) 356-0185. Karyn Silky, CRC, VRT: Certified Rehabilitation Counselor/Teacher. 350 Ottawa N.W., Grand Rapids, MI 49850.

Library of the Blind: (231) 932-8558. 610 Woodmere Avenue, Traverse City, MI 46986 Mon.-Fri. 9 am – 5 pm. Provides talking books, large-print books, and audiocassettes for blind and physically handicapped persons.

Senior Eye Care: (800) 222-3937: 65 or older. Must not have seen an ophthalmologist in three or more years. Do not belong to an HMO or the VA.

WINTERIZATION

Northwest Michigan Community Action Agency: (231) 775-9781, (800) 443-2297. 1640 Marty Paul, Cadillac, MI 49601

USDA Rural Development: (231) 941-0951. 1501 Cass Street, Suite A, Traverse City, MI 49684

Habitat for Humanity: (231) 775-7561. 7545 East 34 Rd., P.O. Box 828, Cadillac, MI 49601 Project: A Brush with Kindness

COUNTY SERVICES

Cadillac Area Chamber of Commerce: (231) 775-9776. 222 N. Lake Street, Cadillac, MI 49601

Lake City Area Chamber of Commerce: (231) 839-4969 107 Main St., Lake City, MI 49651

Cadillac Area Community Foundation: (231) 775-9911. 201 N. Mitchell St., Suite 101, Cadillac, MI 49601

Cadillac Area YMCA: (231) 775-3369. 9845 Campus Dr., Cadillac, MI 49601

Cadillac Visitors Bureau: (231) 775-0567. 201 N. Mitchell St., Suite 102, Cadillac, MI 49601

City of Cadillac: (231) 775-0181. 220 N. Lake St., Cadillac, MI 49601

City of Lake City: (231) 839-4561. 115 W. John St., P.O. Box 1, Lake City, MI 49651

Club Cadillac: (231) 775-5638. 2105 6th Avenue, Cadillac, MI 49601. Club Cadillac is a Clubhouse Model Rehabilitation Program which provides the members with meaningful work during the day, employment opportunities, access to safe and affordable housing, social and educational opportunities, and friendships.

COUNTY SERVICES

Ms. Green Recycling: (231) 775-6143. Pickup at your home, once a month is \$6.00. \$10.00 for twice a month. 1st and 3rd Thursday each month. 67 Davidsen Road, Cadillac, MI 49601

Habitat for Humanity Restore: (231) 775-8661. 7545 E 34 Road, Cadillac, MI 49601

Missaukee Humane Society: (231) 839-3800. 5310 W. Houghton Lake Rd., Lake City, MI 49651

Wexford County Animal Shelter: (231) 779-9530, 1406 6th Ave., Cadillac MI 49601

Missaukee County Recycling Center: (231) 239-7193

MSU Extension:Missaukee County: (231) 839-4667. 6180 W. Sanborn, Lake City, MI 49651
Wexford County: (231) 779-9804. 401 North Lake St., Cadillac, MI 49601

Post Offices: Missaukee County:

Lake City: (231) 839-4577

Merritt: (231) 328-4391

McBain: (231) 825-2345

Falmouth: (231) 826-4418

Wexford County:

Boon: (231) 775-3991

Cadillac: (231) 775-6519

Manton: (231) 824-6461

Missaukee Public Library: (231) 839-2166. 210 Canal St., Lake City, MI 49651

Wexford County Library: (231) 775-6541. 411 S. Lake Street, Cadillac, MI 49601

Missaukee County Court House: 111 South Canal, Lake City, MI 49651

Building Dept: (231) 839-7264

County Clerk: (231) 839-4967

District Court: (231) 839-4967 ext.0214

Equalization: (231) 839-4945

Park Dept: (231) 839-4945

Planning and Emergency Mgt: (231) 839-7988

Probate Court: (231) 839-4967 ext, 208

Road Commission: (231) 839-4361

Treasurer: (231) 839-4967 ext. 205

Wexford County Court House: 437 Division, Cadillac, MI 49601

County Clerk: (231) 779-9450

District Court: (231) 779-9515

Equalization Department: (231) 779-9470

Probate Court: (231) 779-9510

Property Taxes: (231) 775-0181

Register of Deeds: (231) 779-9455

Treasurer: (231) 779-9475

STATE AND FEDERAL SERVICES

Department of Health & Human Services: (231) 779-4500. 10641 W. Watergate, P.O. Box 309, Cadillac, MI 49601

Adult Protective Services: (855) 444-3911

Medicaid Transportation: (231) 779-4563

Secretary of State: (888) 767-6424. Hours: M, T, Th, F, 9 am - 5 pm, Wed 11 am - 7 pm.
1911 N Mitchell St, Cadillac, MI 49601.

Social Security: Local: (877) 405-0485 Toll Free: (800) 772-1213. Hours: M, T, TH
9 am -4 pm, W 9 am - 12 pm 1720 S. Mitchell St., Cadillac, MI 49601.

Michigan Department of Community Health: OSA- Office of Services to the Aging:
(517) 373-8230 Lansing: P.O. Box 30676, Lansing, MI 48909-8176

Out of State Senior Service Information: (800) 677-1116

STATE REPRESENTATIVES

Congressman John Moolenaar: (District 4) (231) 942-5070. 201 N. Mitchell St., Suite 301,
Cadillac, MI 49601

U.S. Senator Gary Peters: (231) 947-7773. 818 Red Drive, Suite 40, Traverse City, MI 49684

U.S. Senator Debbie Stabenow: (231) 929-1031, 35 S. Airport Road West, Suite 6B, Traverse City,
MI 49684

MI Representative Michele Hoytenga: (District 102) (517) 373-1747,
MicheleHoytenga@house.mi.gov. S-1386 House Office Building, P.O. Box 30014, Lansing,
MI 48909

MI Representative Daire Rendon: (District 103) (517) 373-3817, DaireRendon@house.mi.gov
S-1387 House Office Building, P.O. Box 30014, Lansing, MI 48909

MISCELLANEOUS

Alzheimer's Association: (800) 272-3900

American Cancer Society: (800) 227-2345

American Council of the Blind: (800) 424-8666

American Diabetes Association: (800) 232-3472

American Parkinson Disease Association: (800) 223-2732

American Red Cross: (231) 775-5351

Arthritis Foundation: (800) 283-7800

Better Business Bureau: (800) 684-3222. 354 Trust Building, Grand Rapids, MI

MISCELLANEOUS

Dialysis Center: (231) 779-8917 or (231) 779-8149

Elder care Locator: (800) -677-1116

Inexpensive ENSURE: Munson Home Health: (231)-935-0824, (800) -252-2065

Manton Rescue Squad: (231) 779-9211

North Flight Billing Department: (231) 779-9220

Phone Scams: Federal Trade Commission: (877) 382-4357

Poison Control Center: (800) 632-2727

Reverse Mortgage: (231) 218-0307: Lisa Parks

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