

# Senior Project Fresh

## Participant Instructions

### What is Senior Project Fresh?

The Senior Project Fresh (SPF) Program is a federally funded USDA program that runs until **October 31st**. Participants receive at least \$25 worth of benefits to spend on local fruit, vegetables, cut herbs, mushrooms and unprocessed honey.

### What's New for 2025?

In place of paper coupons and a paper application for older adults and farmers, SPF will use an electronic system through the vendor, Healthy Together.

### Am I eligible?

For eligibility, older adults must meet the following criteria:

- Live in Michigan.
- Be 60+ years of age at the time of registration or 55+ if they are a member of a Federally recognized tribe in Michigan.
- Earn 185% or less of the Federal Poverty Guidelines.
  - For a household of one, this would be an annual income of \$28,952.50.
  - For a household of two, this would be an annual income of \$39,127.50.

### How do I sign up for Senior Project Fresh?



1

Visit [Michigan.gov/MDHHS-SPF](https://Michigan.gov/MDHHS-SPF) and click “Older Adult Application” or install the Healthy Together app from the iOS App Store or Google Play Store.

App for IOS



App for Android



2

Register using your mobile phone number or email address. **Ensure your phone can receive text messages.**

3

Enter the **one-time 6-digit code** received via text or email.

4

Choose **Michigan** from the dropdown menu and **enter your first and last name**

5

On the next screen, under “Available Programs” select “**Senior Project Fresh (SPF) Older Adult**” to access the application.

**If you are eligible**, you will receive \$25 in program benefits OR be placed on a wait list until benefits in your county become available.

- You will be notified when additional funds are available.
- Your benefit card will be mailed within two weeks.
- To use your benefits immediately, download the Healthy Together app onto your phone or tablet.

**If you need help**, a friend, family member or a Community Partner may assist you.

- A list of Community Partners and how they may assist you with the application can be found at [Michigan.gov/MDHHS-SPF](https://Michigan.gov/MDHHS-SPF).

## How do I use my benefits?

Benefits may be spent with registered farmers at farmer's markets or roadside stands in any Michigan county.



At the farmers market or roadside stand, make your selection of eligible items.

- At the register, please present your card (or digital QR code) to the cashier to scan.
- To confirm your purchase, enter your four-digit PIN code.
- The farmer can share your account balance after the sale.
- Inform the farmer of transaction errors, immediately.

## Program Rules I Should Know

### You can:

- Spend your benefits in any amount, to the penny.
- Combine cash with the benefit card if the transaction exceeds your account balance.

### You cannot:

- Get change back from your benefit card.
- Be charged sales tax.

### All benefits must be used by October 31.

- Benefits do not carry over into the next season.

### Your benefit card is reusable year to year.

- Please keep your card if you wish to participate again in the following year.

## Important Info to Remember

My Email Address: \_\_\_\_\_ My Phone Number: \_\_\_\_\_

Community Partner Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

How will I use my benefits? QR Code (circle one):   App   Card   My Pin Code: \_\_\_\_\_

## Next Steps and Technical Support:

Locate a participating market near you by visiting [Michigan.gov/MDHHS-SPF](https://Michigan.gov/MDHHS-SPF).

Healthy Together Help Center: [HealthyTogether.co/support/help-center](https://HealthyTogether.co/support/help-center)

### Weekday Support (Monday-Friday, 8 a.m. to 5 p.m.)

Call: 855-SPF-MICH (855-773-6424)

Email: [MDHHS-SeniorProjectFresh@michigan.gov](mailto:MDHHS-SeniorProjectFresh@michigan.gov)

### Weekend Support (Saturday 8 a.m. to 6 p.m. and Sunday 10 a.m. to 2 p.m.)

Text: 313-476-3330

Email: [MichiganSPFsupport@healthytogether.io](mailto:MichiganSPFsupport@healthytogether.io)



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